

Background

Internal Medicine-Pediatrics, known as Med-Peds, began as a combined residency training option in 1967. Since then, Med-Peds positions and programs have expanded greatly. Med-Peds recently celebrated its 40th anniversary as a combined specialty in 2007.

Med-Peds continues its rapid growth today with over 6000 current practitioners nationwide and 1300 Med-Peds residents. It is currently the largest combined specialty program available. Med-Peds residents comprise 15% of total Pediatrics residents and 8% of all Internal Medicine residents. Many U.S. Medical Schools are affiliated with Med-Peds programs.

Our Opportunities

Our graduates fill unique niches in general adult and pediatric practice, adolescent care, hospitalist medicine, transitional care, and care of adults with chronic "pediatric" health issues (such as survivors of congenital heart disease, cystic fibrosis or childhood cancers). Over 24 subspecialties and fellowships (e.g. cardiology, infectious diseases, critical care) are available in the individual fields of Internal Medicine and Pediatrics, with many graduates creating a number of combined fellowships across the nation.

Med-Peds practitioners work side by side with Internists, Pediatricians, Family Medicine and other Med-Peds physicians. Med-Peds provides the flexibility to seek a variety of career opportunities in private practice, academic medicine, research, public health, as well as hospitalist medicine and international health.

Upon graduation about 50% of our graduates are in primary care practices. The vast majority of them (between 77-93%) provide care for both adults and children. Forty percent of those in primary care practice remain involved with education and hold academic appointments with medical schools. About 25% pursue fellowship and subspecialty training. Another 15% of graduates pursue hospitalist careers.

Med-Peds graduates are well-prepared to serve in a variety of international health service opportunities. Many residents choose to pursue international rotations during residency.

How We Do

The passing rate on both the pediatrics boards and internal medicine boards for Med-Peds graduates is comparable to categorical pediatric and internal medicine physicians. More than 90% of Med-Peds residents complete their Med-Peds residency training and feel well prepared for practice or fellowship.

Our Curriculum

Med-Peds residents switch between Medicine & Pediatrics rotations every 3 to 6 months. Although curricula varies between programs, there are specific requirements that we all follow. Programs are accredited by the Accreditation Council for Graduate Medical Education.



Med-Peds Curriculum

Internal Medicine	Number of months	Pediatrics	Number of months
General Inpatient Medicine	8	General Inpatient Pediatrics	5
Medical Intensive Care Unit	1-2	Pediatric Intensive Care Unit	1-2
Cardiac Intensive Care Unit	1-2	Neonatal Intensive Care Unit	2-3
Geriatrics	1	Newborn Nursery	1
Emergency Medicine	1	Emergency Pediatrics and Acute Illness Pediatrics	3
Adolescent Medicine	1	Developmental -Behavioral	1
Subspecialty experience (e.g. Infectious Diseases, etc.)	4	Subspecialty experience (e.g. Infectious Diseases, etc.)	4
Overall Ambulatory Experience (minimum)	33%	Overall Ambulatory Experience (minimum)	40%
Med-Peds Continuity Practice 36 clinic weeks per year (minimum)			

The top 10 reasons medical students chose Med-Peds as a career (in order chosen):

1. Age spectrum
2. Variety/depth of training
3. Liked both medicine and pediatrics
4. Flexible career options
5. Primary care focus
6. Ability to sub-specialize
7. Role models
8. Did not want Obstetrics or Surgery
9. Transition and adolescent medicine
10. More pediatrics training

Med-Peds and Family Medicine

While overlap exists between Med-Peds and Family Medicine training, there are differences. Many of us work alongside family medicine colleagues. Med-Peds does not contain formal obstetrical or surgical training, but contains 24 months of pediatrics.

Typical Curriculum	Med-Peds	Family Medicine
Years of training	4	3
Number of Individual Fellowships Available after Graduation	Over 24	6
Ambulatory training (minimum months)	>18 months	>18 months
Number of Required Pediatrics Rotations	24 months	4 months
Number of Required Adult Rotations	24 months	8 months
Maternity Care	0	2 months
Gynecology	Required (integrated)	1 month
General Surgery	0	2 months
Sports medicine, orthopedics, rehabilitation medicine	Required (integrated)	2 months
Emergency Care	1 month	1 month
Intensive Care	8 months	Required

Our graduates are also well-prepared for outpatient procedures (such as skin biopsy, joint injections, laceration repair, etc.) and women's health (excluding obstetric care).

References

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For more articles about med-peds, please go to:

<http://www.medpeds.org/resources/MedPedsBibliography.pdf>

For Additional Information

- National Med-Peds Residents' Association (NMPRA) (<http://www.medpeds.org>)
- Internal Medicine and Pediatrics 101. (<http://www.aap.org/sections/med-peds/101.htm>)
- The Medical Student Guide to the Combined Internal Medicine and Pediatrics Residency Training. (<http://www.medpeds.org/archive/PDF/StudentGuide.pdf>)
- Requirements for Combined Program in Medicine-Pediatrics (http://www.acgme.org/acWebsite/RRC_sharedDocs/sh_medPedReq.pdf)
- NMPRA Med-Peds Fellowship Guide (<http://www.medpeds.org/archive/PDF/FellowshipGuide.pdf>)
- American Academy of Pediatrics (AAP) Med-Peds Section (<http://www.aap.org/sections/med-peds/>)
- Medicine-Pediatrics Program Directors Association (<http://www.im.org/About/AllianceSites/AAIMAffiliates/MPPDA/Pages/default.aspx>)

Internal Medicine-Pediatrics



Specialists for Children & Specialists for Adults

*Introducing Internal Medicine-Pediatrics
The Med-Peds Physician*

Who We Are

Med-Peds physicians complete an integrated 4-year residency program combining two residencies and specialties - *Internal Medicine* and *Pediatrics*. Over 4 years, 24 months of training are completed in each specialty. Our graduates qualify to take boards in both Internal Medicine and Pediatrics through the American Board of Internal Medicine (ABIM) and the American Board of Pediatrics (ABP).

We enjoy a breadth and depth of knowledge in both these disciplines that allows us to have the versatility to care for families and individuals in a variety of inpatient and outpatient settings from the newborn baby to the geriatric patient.



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